

## Cybersecurity Tips while Teleworking during the COVID-19 Crisis

### Create strong passwords.

Be sure they include a mixture of upper and lowercase letters, numbers and symbols. Make them difficult enough that someone can't guess them.

### Update your router's software.

Home routers should be updated to the most current software and secured with a lengthy, unique passphrase which is changed often.



### Use only devices approved by your organization.

Avoid using personal computers, tablets and cellphones to work.

### Think before you click.

Avoid downloading or clicking on unknown links in emails. If you have any cause for concern, call the sender first. Hackers are using fake websites to trick you into giving sensitive information or to install malware onto your device.

### Update your devices.

If you are using a personal device that's been approved for teleworking, be sure that it is running the most current operating system and that your web browsers and other applications are also up to date. Also be sure you are running an up-to-date, modern anti-virus software solution. Updates include important changes that improve the performance and security of your devices.

### Contact your IT help desk.

If you need technical support, contact your organization's IT department. Don't try to fix technical issues yourself.

### When using Zoom.

Stop Zoombombs, restrict user access (i.e. screen sharing), implement virtual waiting rooms and stay private to help keep attackers out of sensitive meetings.

### Disconnect Devices at Night.

Completely shut down your work computers each night, to limit the amount of time a device is vulnerable to cyber-attacks.

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